

# January 2025

			<p>*Worship Wednesday with 1                  *Joyce Meyer Online                  11:00 The Rose Bowl Parade                  *Relax &amp; Refresh                  *Times Square Ball Drop                  Replay                  5:00 Rose Bowl Game</p> <p>New Year's Day</p>	<p>* Word in a Word 2                  11:00 Exercise with                  Powerback (AL)                  * Putt Putt                  * Hydrate &amp; Refresh                  * 50-60's Videos                  * Night Snack</p>	<p>* 50-60's Stretches 3                  10:15 Music with David (AL)                  * Famous Duo's                  *Hydrate &amp; Refresh                  3:30 Bingo (AL)                  * Night Snack</p>	<p>*Walking Club 4                  * Puzzle Pals                  * Socializing with Friends                  * Hydrate &amp; Refresh                  * Saturday Matinee                  * Night Snack</p>
<p>* St. John XXII (Online) 5                  * New Life Alliance (Online)                  * Soaking Music (Online)                  * Hydrate &amp; Refresh                  * Coloring Fun                  * Night Snack</p>	<p>*Categorizing 6                  10:30 Volleyball (AL)                  * Catholic Communion                  * Monday Mandala                  * Hydrate &amp; Refresh                  3:30 Prayer Group                  * Night Snack</p>	<p>* Name That Tune 7                  * Chair Stretches                  * Balloon Swat                  * Hydrate &amp; Refresh                  3:30 Cardio Drumming (AL)                  * Night Snack</p>	<p>* Worship Wednesday 8                  * Bean Bag Toss                  11:00 Hula Dancing (AL)                  * Hydrate &amp; Refresh                  2:00 Bocce Ball (AL)                  3:00 Happy Hour (AL)                  * Night Snack</p>	<p>* Word in a Word 9                  11:00 Exercise with                  Powerback (AL)                  * Putt Putt                  * Hydrate &amp; Refresh                  * Music Therapy                  * Night Snack</p>	<p>* Categorizing 10                  * Matching Game                  * Hydrate &amp; Refresh                  3:30 Bingo (AL)                  * Night Snack</p>	<p>* Walking Club 11                  * Puzzle Pals                  * Socializing with Friends                  * Hydrate &amp; Refresh                  * Saturday Matinee                  * Night Snack</p>
<p>* St. John XXII (Online) 12                  * New Life Alliance (Online)                  * Organ Music (Online)                  * Hydrate &amp; Refresh                  * Coloring Fun                  * Night Snack</p>	<p>*Categorizing 13                  10:30 Volleyball (AL)                  * Catholic Communion                  * Monday Mandala                  * Hydrate &amp; Refresh                  3:30 Prayer Group                  * Night Snack</p>	<p>* Name That Tune 14                  * Chair Stretches                  * Balloon Swat                  * Hydrate &amp; Refresh                  3:30 Cardio Drumming (AL)                  * Night Snack</p>	<p>* Worship Wednesday 15                  11:00 Hula Dancing (AL)                  * Dart Ball                  * Hydrate &amp; Refresh                  2:00 Bocce Ball (AL)                  3:00 Happy Hour (AL)                  * Night Snack</p>	<p>* Name That Emotion 16                  11:00 Exercise with                  Powerback (AL)                  * Bunco                  * Hydrate &amp; Refresh                  * Uno                  * Night Snack</p>	<p>* All About January 17                  * Dance Party in a Chair                  * Hydrate &amp; Refresh                  3:30 Bingo (AL)                  * Night Snack</p>	<p>* Walking Club 18                  * Puzzle Pals                  * Socializing with Friends                  * Hydrate &amp; Refresh                  * Saturday Matinee                  * Night Snack</p>
<p>* St. John XXII (Online) 19                  * New Life Alliance (Online)                  * Soaking Music                  * Hydrate &amp; Refresh                  * Coloring Fun                  * Night Snack</p> <p>Activity Professionals Week</p>	<p>*Categorizing 20                  10:30 Volleyball (AL)                  * Catholic Communion                  * Monday Mandala                  * Hydrate &amp; Refresh                  3:30 Prayer Group                  * Night Snack</p> <p>Martin Luther King Jr. Day</p>	<p>* Name That Tune 21                  * Chair Stretches                  * Balloon Swat                  * Hydrate &amp; Refresh                  3:30 Cardio Drumming (AL)                  * Night Snack</p>	<p>* Worship Wednesday 22                  * Bean Bag Toss                  11:00 Hula Dancing (AL)                  * Hydrate &amp; Refresh                  2:00 Bocce Ball (AL)                  3:00 Happy Hour (AL)                  * Night Snack</p>	<p>* Item Checklist 23                  11:00 Exercise with                  Powerback (AL)                  * Name That Bird                  * Hydrate &amp; Refresh                  * Balloon Bop                  * Night Snack</p>	<p>* 50-60's Stretches 24                  * Famous Duo's                  *Hydrate &amp; Refresh                  3:30 Bingo (AL)                  * Night Snack</p>	<p>* Walking Club 25                  * Puzzle Pals                  * Socializing with Friends                  * Hydrate &amp; Refresh                  * Saturday Matinee                  * Night Snack</p>
<p>* St. John XXII (Online) 26                  * New Life Alliance (Online)                  * Gospel Music                  * Hydrate &amp; Refresh                  * Coloring Fun                  * Night Snack</p>	<p>*Categorizing 27                  10:30 Volleyball (AL)                  * Catholic Communion                  *Monday Mandala                  * Hydrate &amp; Refresh                  3:30 Prayer Group                  * Night Snack</p>	<p>* Name That Food 28                  * Chair Stretches                  * Balloon Swat                  * Hydrate &amp; Refresh                  3:30 Cardio Drumming (AL)                  * Night Snack</p>	<p>* Worship Wednesday 29                  11:00 Hula Dancing (AL)                  * Dart Ball                  * Hydrate &amp; Refresh                  3:00 Happy Hour                  * Night Snack</p>	<p>* Word in a Word 30                  11:00 Exercise with                  Powerback (AL)                  * Putt Putt                  * Hydrate &amp; Refresh                  * 50-60's Videos                  * Night Snack</p>	<p>* All About Dogs 31                  * Dance Party in a Chair                  * Hydrate &amp; Refresh                  3:30 Bingo (AL)                  * Night Snack</p>	<p>* Walking Club                  * Puzzle Pals                  * Socializing with Friends                  * Hydrate &amp; Refresh                  * Saturday Matinee                  * Night Snack</p>